

# The Bear Claw

Fall, 2005

The University of California Swimming Alumni Newsletter V 10, N 1

## The Bear Claw is Back!

About a dozen or so years ago I started The Bear Claw as a way for alumni and friends of Cal Men's Swimming to keep informed as to the progress of the Golden Bear program. I also started it as a way for alumni and friends to stay in touch with the program and each other. Over the years I published and mailed out 24 different issues of The Bear Claw - though I haven't put one out for a few years now. Life got in the way and I found myself "too busy" to put in the time required to write, edit, design, assemble, print and mail the newsletter. My life is still busy but by sending The Bear Claw as a pdf file via email I am able to save quite a bit of the time.

In the couple of years that have passed since I last sent out an issue (Winter, 2003), I realized that I miss being as informed as I was about who was on the current team and how they were performing in dual meets, Pac-10's and NCAA's. The Cal swim team, past and present, is a fraternity... and one of which I am very proud to be a part. I want to know how the current team is doing. I want to hear that they are a good group of guys who are talented, work hard and come together to perform well while they are representing The University of California - and us.

What I also have missed about making The Bear Claw is the Alumni Updates that were featured in each issue. I would get updates from guys who swam back in the 1940's - as well as notes from guys who finished up at Cal in 2001. It was always fun to read about what people were up too. Some guys relayed stories about what it was like "back in the day" while others gave updates about their expanding families or business ventures. No matter what the update, it was always fun and interesting reading. If I had to guess, I would say that the Alumni Updates were everyone's favorite part of The Bear Claw. I want to bring that back in an even bigger and better way. By publishing The Bear Claw electronically, space and cost are not issues so if you'd like to send a photo with your update, that would be fantastic. You can email your update to me at [TheBearClaw@cox.net](mailto:TheBearClaw@cox.net). Please include your name and graduation year, your update, a photo if you'd like, and your address(s) and phone number if you'd like. Here's my update:



**Jeff Prior '90:** I left my corporate Biotech job in April and started my own Learn to Swim School in July. It's called Water Wise Swim School and I run it out of the Boys and Girls Club of Carlsbad, CA. I had grown tired of feeling unfulfilled in my corporate job and wanted to get back to working with kids and being involved in aquatics. Boy am I glad I did. It is so much fun to see these kids learn - and to have such a good time doing so. It is also rewarding to have a few of my former swimmers (kids I coached years ago before I originally left coaching) working for me as instructors. It is nice to see them enjoying working with kids so much.

My wife Jody helps out with the school as well though she is developing her own business as a real estate appraiser. We both swim masters for a local program and occasionally compete in meets. We traveled up to the Cal Alumni Meet last year after numerous years of not attending. It was fun to see a bunch of guys from my era... Matt Biondi, T.A. Debiase, Jeff Erwin and Roque Santos as well as Nort, Karl and Mike Bottom. After the meet we went to The Bear's Liar and had pizza and beer. It was good to be able to spend some time with those guys. A more recent alum, Matt Macedo '02 was at the meet. I met him there for the first time and now we are co-coaching a group of age-groupers for the North Coast Aquatics swim team in Carlsbad. Small world.

Jody and I attended the wedding of Sean Killion '91 in September. He and Reagan were married at City Hall in San Francisco. We had a great time and got to celebrate with many former Cal swimmers. I don't even want to start listing them all for fear of leaving someone out by accident. Maybe Sean can provide an update about the wedding and list all the Cal-related attendees. I know we took a group shot.. that would be great to have in the 'Claw.

My swim school website is [www.waterwiseswimschool.com](http://www.waterwiseswimschool.com) and my email is [Thebearclaw@cox.net](mailto:Thebearclaw@cox.net). Please send updates for the next issue which will probably be in January.

## Note From Nort Fall, 2005

Every team has its own personality. Last year our spiritual leader was Duje Draganja. Everyone knew that when the competition got tough, that we could always count on Duje being at the top of his game.

This year's edition of the Cal team is a much younger version with a number of new, younger and unproven team members. The talent level is high, but with a number of freshman that are not yet comfortable with the NCAA level of competition. There is a good balance on this team with depth at every event.

With the graduation losses of Duje Draganja and Rolandas Gimbutis in the sprints, Caleb Rowe in the breaststroke, John Dorr in the I.M. and Louis Gagnet in the diving there are some large holes at the top. As will eventually happen, the younger team members will fill in those spots. How quickly and how well this happens will determine our final product. Whether we end up good or great remains to be seen. Either way it will be fun, because this is a great group of young men that care about Cal, each other and the team.

There is potential for greatness, the speed at which they decide to travel will be the main question mark.

Returning from last year's National Championship Relays are: Jonas Tilley, Mike Cavic and Jernej Godec in the sprint freestyle. Garrett Wagner, John Foster, Dominik Meichtry in the long freestyle and Henrique Barbosa, Mike Cavic, Jonas Tilly and Jernej Godec in the Medleys. This year Will Copeland, Mark Eckert, Alex Holdridge, Evan Lane, Graham Lentz, Daniel Lysaught, Matt Scanlan, Louis Vayo and Joe Whittington are all in position to move on to one or more of these relays. At this point it is just too close to pick the team.

By stroke we have (in alphabetical order):

**Sprinters:** D. Cathey, M. Cavic, W. Copeland, E. Dunipace, J. Godec, E. Lane, M. Lyon, D. Rothberg, J. Tilly, and J. Whittington.

**Middle Distance:** J. Foster, A. Holdridge, D. Meichtry, N. Rogers, and G. Wagner.

**Distance:** M. Jafari, R. Lean, D. Lysaught and S. Rodman

**I.M.:** D. Cathey, I. Lentz, M. Molina and L. Vayo

**Breast:** H. Barbosa, D. Cathey, P. Hernandez, R. Hunter, G. Lentz, and M. Molina

**Back:** E. Dunipace, M. Eckart, R. Emanuel, C. Gibson, J. Godec, D. Rothberg, and D. Russell.

**Fly:** D. Cathey, M. Cavic, P. O'Neil, J. Pollard and M. Scanlan

**Diving:** S. Helvie, K. Ketter, J. Rivas and M. Wes

As I said earlier, it is just too early to tell which way we decide to go, but the coaching staff, Mike Bottom, Bart Kizierowski, Diving Coach Ron Kontura and myself are all optimistic at this point.

Greatness is just a matter of time. How much time is another question. We will see.

## Comments from Karl Fall, 2005

In consideration of the Golden Bears long standing commitment to academic excellence, several years ago I appointed myself the Team Academic Archivist and compiled a new page for the MEDIA GUIDE entitled "Academic Honors"

Besides its annual inclusion in the GUIDE we now produce each year a large display, approximately two by three feet, which we hang in the locker room and a slightly smaller one in the Aquatics Hall of Fame Room. Attached you may enjoy and take pride in this year's edition.

We would be most pleased to receive any additions or corrections to this display of which you may be aware. Send to [karlmohr@berkeley.edu](mailto:karlmohr@berkeley.edu)

You may also take pride in another project which I let lapse about a decade ago: a listing of all the graduate degrees earned by our alumni over the years. At that point, in excess of eighty degrees had been verified, by far the highest percentage of any intercollegiate team.

I would like to bring the listing up to date and would greatly appreciate your assistance. Please send me, if you have not already done so, a copy of your diploma for any degree(s) earned in the past ten years, or as much information as you can supply re: any degree(s) of which you are aware earned by other alumni. Email me at the address above, or snailmail me at 2336-B Channing Way, Berkeley, CA 94704. Please do not put this off, but provide all the information you have ASAP. Thanks, Karl Mohr

### **Cal Men's Swimming & Diving Alumni Meet!**

**Friday, Nov 18th Spieker Pool**

**Meet up with some old friends and make some new ones! This year's meet looks to be the best yet. Help keep the Alumni winning streak alive!**

**Diving starts at 2:30 p.m.**

**Contact Diving Coach Ron Kontura at 510-642-3483 or 330-289-6033 or [ronkontura@berkeley.edu](mailto:ronkontura@berkeley.edu) for more info.**

**Swimming warm-up 3:00pm (email [calmswim@berkeley.edu](mailto:calmswim@berkeley.edu) for more info)**

**Alumni Meet 3:30 p.m.**

**Social Hour (the best part!) after the meet. Location To Be Announced at the meet.**

CAL MEN'S SWIMMING AND DIVING

# ACADEMIC HONORS

**CSCAA NCAA DIVISION I  
ACADEMIC ALL-AMERICAN  
TEAM AWARD**

Spring, 1984 Fall, 1996  
Spring, 1987 Spring, 1997  
Spring, 1988 Fall, 1997  
Spring, 1989 Spring, 1998  
Spring, 1990 Fall, 1998  
Fall, 1990 Spring, 1999  
Spring, 1991 Fall, 1999  
Fall, 1991 Spring, 2000  
Spring, 1992 Spring, 2001  
Fall, 1992 Fall, 2001  
Spring, 1993 Spring, 2002  
Fall, 1993 Fall, 2002  
Spring, 1994 Spring, 2003  
Fall, 1994 Fall, 2003  
Spring, 1995 Spring, 2004  
Fall, 1995 Fall, 2004  
Spring, 1996 Spring, 2005

**CSCAA NCAA DIVISION I  
ACADEMIC ALL-AMERICAN AWARD**

Bengt Baron 1984-85  
T. A. De Biase 1984-85  
Thomas Lejdstrom 1984-86  
Craig Popp 1984  
Ron Kamaugh 1989  
Todd Robinson 1989  
Joel Thomas 1989-90  
Matt Covington 1990  
Pir Lindstrom 1992  
Ryan Cox 1993-95  
Chad Rolfs 1993  
Ritch Viola 1993 (Hon. Men.)  
Christian Claytor 1995, 97  
Brad Kitredge 1997  
David Gaggero 1997 (Hon. Men.), 1998  
Dan Lindstrom 1998  
Gordan Kozulj 1998-99  
Alex Silver 1999  
Milorad Cavic 2003  
Duje Draganja 2003  
Alex Lim 2003  
Caleb Rowe 2003-05  
Jeff Natalizio 2004  
Chris Gibson 2004 (Hon. Men.)  
Graham Lentz 2004 (Hon. Men.)  
Henrique Barbosa 2005  
Miguel Molina 2005  
Louis Vayo 2005 (Hon. Men.)  
Michael Jafari 2005 (Hon. Men.)

**PAC-10 ALL-ACADEMIC  
FIRST TEAM**

1992-93 Ryan Cox, Rob Darzynkiewicz,  
Troy Griffith, Martin Herrmann,  
Kevin Joyce, Pir Lindstrom, Jason  
Lipton, Chad Rolfs, Anatolio  
Ubalde, Ritch Viola, Scott Whelan  
1993-94 Ryan Cox, Ritch Viola, Anatolio  
Ubalde  
1994-95 Martin Herrmann  
1995-96 Steve Clack, Christian Claytor,  
Ryan Duncan  
1996-97 Christian Claytor, Mark Morishige  
1997-98 Christian Claytor, David Gaggero,  
Bart Sikora  
1998-99 Sean Cargin, Gordan Kozulj, Alex  
Silver

1999-00 Sean Cargin, Ryan Gruver, Lars  
Menseburg, Rob Williams  
2000-01 Maciej Burny, Ryan Gruver, Jay  
Lee, Bruce Vogelgesang  
2002-03 Noah Chutz, Caleb Rowe  
2003-04 Chris Gibson, Caleb Rowe  
2004-05 Eric Dunipace, Chris Gibson,  
Paul Hernandez, Caleb Rowe

**NCAA POST GRADUATE  
SCHOLARSHIP**

Leland Faust 1968  
Pir Arvidsson 1981  
Bengt Baron 1985  
Thomas Lejdstrom 1986  
Caleb Rowe 2005

**Pac-10 GRADUATE SCHOLARSHIP**

Rob Williams 2000

**OSCAR GEBALLE SCHOLARSHIP**

Bengt Baron 1985  
Ron Kamaugh 1991  
Rob Darzynkiewicz 1995  
Anatolio Ubalde 1996  
Steve Clack 1996  
Caleb Rowe 2005

**LUDY LANGER SCHOLARSHIP**

Sean Lille 1987  
Rob Darzynkiewicz 1992  
Martin Herrmann 1992-94  
Pir Lindstrom 1992  
Ryan Cox 1993-95  
Chad Rolfs 1993  
Ugur Taner 1994  
Markus Dicke 1996  
Christian Claytor 1997  
Gordan Kozulj 1998  
Sean Cargin 1999  
Fabian Friedrich 2000  
Maciej Burny 2001  
Caleb Rowe 2002-03  
Joe Whittington 2004-05

**FRED C. GERDES SCHOLARSHIP**

Milorad Cavic 2003  
Rolandas Gimbutis 2004  
Henrique Barbosa 2005

**DONALD FISHER SCHOLARSHIP**

Alex Lim 2003

**RICK & JANET CRONK SCHOLARSHIP**

Duje Draganja 2004  
Jernej Godec 2005

**HELLMAN FAMILY SCHOLARSHIP**

Milorad Cavic 2004-05

**JAMES SMALL SCHOLARSHIP**

Miguel Molina 2003-05

**CALIFORNIA ALUMNI LEADERSHIP  
SCHOLARSHIP**

Jason Krkorian 1989-91  
Bruce Vogelgesang 2000-01

**PAC-10 MEDAL FOR EXCEPTIONAL  
ACHIEVEMENT**

Bengt Baron 1985  
Gordan Kozulj 1999

**PHI BETA KAPPA**

Leland Faust 1967  
Pir Arvidsson 1982  
Bengt Baron 1985  
Steve Clack 1996

**GOLDEN KEY NATIONAL  
HONOR SOCIETY**

Thomas Lejdstrom 1986  
Sean Lille 1988  
Rob Williams 1998

**MORTARBOARD SOCIETY**

Matt Covington 1991

**NATIONAL STUDENT-ATHLETE  
AWARD**

Ryan Cox 1994

**TOP 10 NCAA SCHOLAR-ATHLETE  
AWARD**

Pir Arvidsson 1982  
Bengt Baron 1985

**MORTARBOARD  
SCHOLAR-ATHLETE AWARD**

Bengt Baron 1984  
Thomas Lejdstrom 1985  
T. A. De Biase 1986  
Sean Lille 1987  
Ron Kamaugh 1988  
Rob Darzynkiewicz 1993  
Anatolio Ubalde 1994  
Bart Sikora 1996  
Scott Greenwood, 2001

**PACIFIC BELL  
SCHOLAR-ATHLETE AWARD**

Ryan Cox 1993, 95  
Martin Herrmann 1994

**NEUFELD SCHOLAR-ATHLETE OF THE  
YEAR AWARD**

Steve Clack 1996

**JAKE GIMBEL MEDAL AND PRIZE**

Rob Darzynkiewicz 1993  
Anatolio Ubalde 1995

**ROBERT GORDON & IDA W. SPROUL  
AWARD**

T. A. De Biase 1986

**GOLDEN BEAR AWARD**

Ryan Cox 1995  
Steve Clack 1996  
Mark Morishige 1997  
David Schmidt 1998  
Rob Williams 1999-00  
Ryan Gruver, 2001  
Maciej Burny, 2002  
Noah Chutz, 2003  
Chris Gibson 2004  
Paul Hernandez 2005

**TOP 10 GRADUATING  
GRADE POINT AVERAGES**

Steve Clack 1996	Highest	
	Distinction	3.983
Noah Chutz 2004	Highest	
	Honors	3.909
Mark Morishige 1997	High Honors	3.856
Michael Grinn 1982	High Honors	3.815
Leland Faust 1968	Great	
	Distinction	3.790
Don Hanna 1979	High Honors	3.788
Rob Williams 2000	Distinction	3.742
David Schmidt 1998	Distinction	3.736
Bengt Baron 1985	Honors	3.701
Matt Covington 1992	Distinction	3.690

# Friends of Cal Swimming (FOCA) Overview

The distinguished record of Cal Aquatics, however secure it may seem today, must not be taken for granted. The vast majority of the operating budget for the swimming and water polo programs comes from the athletic department. Cal, along with the state of California, will surely face severe budgetary constraints for the foreseeable future. For this reason, we can no longer rely on the University to provide adequate funding to preserve these programs' traditions of excellence.

In response to today's austere financial climate, Friends of Cal Aquatics solicits annual and special gifts to help provide the scholarships, operational funds, equipment, and facilities necessary for producing world-class aquatics teams. If Cal is not only to remain a strong competitor in these sports, but also to reach the highest level of achievement, we must rely on the full support and generous investment of alumni, friends, and families, as well as companies, foundations, and other organizations.

By leveraging the commitment of our University family - and working closely with the Friends of Cal Aquatics support organization - Cal Aquatics can be even more successful and contribute even more to Berkeley and our student-athletes. Our vision is for "a new golden era" of higher achievement for our swimming and water polo programs, of greater rewards for those who participate in them, and of a more satisfying and enduring experience for Cal Aquatics fans.

- There are four major goals we must accomplish if we are to make this new era a reality. We must:
- Strengthen endowments to sustain and enhance Cal Aquatics' tradition of excellence;**
  - Award our full allotment of NCAA scholarships;**
  - Provide facilities commensurate with world class programs; and**
  - Build a stronger sense of community among all those who appreciate Cal Aquatics.**

We invite you to begin or renew your membership in Friends of Cal Aquatics. Your participation will allow you to experience the satisfaction of supporting the swimming and water polo teams that do so much for student-athletes, the University, and the entire Cal community. In the process, you will be able to forge bonds and enjoy social occasions with other Cal Aquatics fans like you.

To become a new member of Friends of Cal Aquatics or for more information about membership or specific gift opportunities, call Aaron George, at 510.643.2746, visit the FOCA website at [www.calaquatics.com](http://www.calaquatics.com) or mail to form below to: Cal Athletic Development Office: 2223 Fulton Street, 3rd Floor, Berkeley, CA 94720-4424. Checks can be made payable to "UC Regents."

**FRIENDS OF CAL AQUATICS**  
 Donation Card

Yes! I want to support Cal Aquatics!

<p><b>Donation Level</b>  <small>check level</small>          ___ \$50 and under          ___ \$100-\$249          ___ \$250-\$499          ___ \$500-\$999          ___ \$1,000-\$2,499          ___ \$2,500-\$4,999          ___ \$5,000 and above</p>	<p><b>Donation Gift</b>  <small>check along</small>          Cal Aquatics Decal          3" clear ___ 5" clear ___ 5" white ___          Decal and Cal Aquatics Hat (navy, cotton)          one size fits all          Decal and Cal Aquatics Ringier T-Shirt (white)          size: size: sm ___ med ___ lg ___ XL ___ XXL ___ XXXL          Decal and Cal Aquatics Sweatshirt (navy, quarter zip)          size: size: sm ___ med ___ lg ___ XL ___ XXL ___ XXXL          Decal and Cal Aquatics Polo Shirt (navy)          men's ___          size: size: sm ___ med ___ lg ___ XL ___ XXL ___ XXXL          women's ___          size: size: sm ___ med ___ lg ___ XL ___ XXL          Decal and Cal Aquatics Golf Style Wind Jacket          size: size: sm ___ med ___ lg ___ XL ___ XXL ___ XXXL          Decal and Cal Aquatics Letterman Style Wool Blanket</p>	<p>Name (please print) _____          Street Address _____          City, State, Zip _____          Phone Number _____</p> <p>Please send us this form and your payment in the enclosed remittance envelope.</p> <p>We will mail you your gift.          Thank you for your donation!</p>
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## **\$12.5 Million to Cal Aquatic Programs**

**Doris and Don Fisher '50, Chris and Warren Hellman '55, Janet '68 and Rick Cronk '65, and Carol and Ned Spieker '66 combined to donate \$12.5 million to the Cal Aquatics programs.** The gift launches a major fund-raising initiative geared toward raising \$40 million for an endowment benefiting the five aquatic sports at Cal -- Men's and Women's Swimming, Men's and Women's Water Polo, and Diving.

In an effort to spread the word and increase alumni participation in the fund-raising campaign, the Friends of Cal Aquatics has started a Cal Captain's Campaign. Numerous captains from all five aquatic sports have been designated to contact fellow alums.

The objective of the Captains Campaign are as follows:

**Spread the word about FOCA**

**Confirm contact information currently in database**

**Gather additional contact information to broaden FOCA database**

**Inform teammates of impending financial challenges that aquatics sports face**

**Solicit contributions**

**Re-connect with teammates**

**Recruit individuals interested in becoming involved with FOCA**

**Inform teammates about upcoming events**

As a captain of the men's swim team in 1988, I have been asked to contact Cal swimmers who were on the team between the years of 1985-1990. Below is my "List." I will try to contact you via email/ phone (or you can email me at [thebearclaw@cox.net](mailto:thebearclaw@cox.net)). Let's show the donors listed above that we all care about the future of Cal Aquatics and that they are not alone in their financial support of the teams through the endowment. Let's all give what we can... be it \$25 or \$5,000 to have the endowment realized. It would be terrible to one day lose men's swimming as a sport like UCLA did a dozen or so years ago. Let's make sure it can never happen by making our aquatic sports financially independent of the athletic department budget! Do your part... donate today.

<b>Kip Dye</b>	<b>Jeff Erwin</b>	<b>Robert Lager</b>	<b>Craig Marble</b>
<b>Victor Castillo</b>	<b>Jim Corbeau</b>	<b>Carlos Lomba</b>	<b>Matt Biondi</b>
<b>Ricky Gill</b>	<b>Mike McGrath</b>	<b>Rob Schmidt</b>	<b>Doug Woodring</b>
<b>TA De Biase</b>	<b>Doug Arth</b>	<b>Colin Sherill</b>	<b>Ron Karnaugh</b>
<b>Craig Popp</b>	<b>Dave Lynch</b>	<b>Sean Lille</b>	<b>John Byrnes</b>
<b>Mike Rossi</b>	<b>Kenny Page</b>	<b>Mark Childs</b>	<b>Daniel Coyle</b>
<b>Todd Robinson</b>	<b>John Mykkanen</b>	<b>Nick Chaves</b>	<b>Jason Clark</b>
<b>James Erwig</b>	<b>Doug Beach</b>	<b>Jim Gooding</b>	<b>Joel Thomas</b>
<b>Tommy Ortega</b>	<b>Lee Concepcion</b>	<b>Kirk Everst</b>	<b>Doug Frank</b>
<b>Dan Soloman</b>	<b>Roy Berg</b>	<b>Eric Bills</b>	

If you don't want to wait for someone to contact you, please visit [www.calaquatics.com](http://www.calaquatics.com) to make your donation online or to contact someone who can process your gift - or you can fill out the donation form on the previous page and mail in the the address provided.

## 2005 Men's Swimming and Diving Team Roster

<b>Name</b>	<b>Events</b>	<b>Ht.</b>	<b>Wt.</b>	<b>Yr.</b>	<b>Ex.</b>	<b>Hometown (Last School)</b>
Graeme Baldwin	Breast	6-8	200	Fr.	HS	Arroyo Grande, Calif. (Arroyo Grande HS)
Henrique Barbosa	Breast	6-4	192	Sr.	3V	Belo Horizonte, Minas Gerais, Brazil (California HS)
Dominic Cathey	Fly	6-3	191	So.	1V	Oakland, Calif. (Berkeley HS)
Milorad Cavic	Fr/FI/Bk	6-5	206	Sr.	3V	Tustin, Calif. (Tustin HS)
William Copeland	Free	6-4	180	So.	1V	Lexington, Va. (Rockbridge County HS)
Eric Dunipace	Fr/Bk	6-3	183	So.	1V	Castro Valley, Calif. (Bishop O'Dowd HS)
Mark Eckert	Bk/IM	6-2	170	So.	1V	Honolulu, Hawaii (Iolani School)
Ryan Emanuel	Back	6-4	220	Fr.	HS	Bronxville, N.Y. (Bronxville HS)
John Foster	Free	6-5	205	So.	1V	Villa Park, Calif. (Villa Park HS)
Chris Gibson	Bkk/Fly	6-1	165	Sr.	3V	Bethesda, Md. (Georgetown Prep)
Jernej Godec	Fr/FI/Bk	6-3	210	So.	1V	Ljubljana, Slovenia (Gimnazija Ledina)
Paul Hernandez	Br/IM	5-8	159	So.	1V	Bonita, Calif. (Bonita Vista HS)
Alexander Holdridge	Fr/IM/FI	6-3	185	Jr.	2V	Kuwait City, Kuwait (Suffield Academy)
Richard Hunter	Breast	6-2	170	So.	1V	Mission Viejo, Calif. (Trabuco Hills HS)
Michael Jafari	Free	5-11	170	So.	1V	Glendora, Calif. (Glendora HS)
Evan Lane	Free	6-5	210	Sr.	3V	Visalia, Calif. (Redwood HS)
Ryan Lean	Dist. Fr	6-1	170	Sr.	3V	Newport Beach, Calif. (Newport Harbor HS)
Graham Lentz	Br/IM	6-3	190	Jr.	2V	Petaluma, Calif. (Casa Grande HS)
Ian Lentz	IM	6-2	176	Fr.	HS	Petaluma, Calif. (Casa Grande HS)
Matt Lyon	Free	6-3	165	Sr.	3V	Oakland, Calif. (Miramonte HS)
Daniel Lysaught	Dist. Fr	6-4	184	Jr.	2V	Gold Coast, Queensland, Australia (All Saints HS)
Dominik Meichtry	Free	6-0	160	So.	1V	Rorschacherberg, Switzerland (Deutsche Schule, RSA)
Miguel Molina	IM	5-8	170	Sr.	3V	Tokyo, Japan (St. Mary's International HS)
Patrick O'Neil	Fly/IM	6-1	190	Jr.	2V	Roseburg, Ore. (Roseburg HS)
Justin Pollard	Fr/Fly	6-3	190	So.	1V	San Jose, Calif. (Bellarmine College Prep)
Spencer Rodman	Dist. Fr	6-0	185	Fr.	HS	Carlsbad, Calif. (Carlsbad HS)
Nate Rogers	Free	6-4	180	Fr.	HS	Albuquerque, N.M. (Sandia Prep)
Dash Rothberg	Fr/Back	6-3	185	So.	1V	Walnut Creek, Calif. (Bentley HS)
David Russell	Back	6-3	205	Fr.	HS	Wellesley, Mass. (Wellesley HS)
Matt Scanlan	FI/Ba/Fr	6-3	195	Fr.	HS	Bakersfield, Calif. (Stockdale HS)
Jonas Tilly	Free	6-3	185	Jr.	2V	Trelleborg, Sweden (Soderslatts Gymnasiet)

## 2005 Men's Swimming and Diving Team Roster

Louis Vayo	Bk/Fr/IM	6-0	175	So.	1V	Placentia, Calif. (Troy HS)
Garrett Wagner	Free	6-0	178	So.	1V	Loomis, Calif. (Del Oro HS)
Joe Whittington	Free	6-3	152	So.	1V	Bakersfield, Calif. (Garces Memorial HS)

### Diving

Name	Events	Ht.	Wt.	Yr.	Ex.	Hometown (Last School)
Sam Helvie	Diving	5-6	130	Fr.	HS	Bakersfield, Calif. (Garces Memorial HS)
Javier Rivas	Diving	5-6	155	So.	1V	Long Beach, Calif. (Long Beach Wilson HS)
Mark Wes	Diving	5-9	160	So.	1V	Atherton, Calif. (Menlo School)

### Coaches

**Head Coach:** Nort Thornton (32nd year)

**Diving Coach:** Ron Kontura (2nd year)

**Strength and Conditioning Coach:** Nick Folker (3rd year)

**Co-Head Coach:** Mike Bottom (9th year)

**Volunteer Assistant Coach:** Bart Kizierowski (2nd year)

## 2005-06 Golden Bear Meet Schedule

Day	Date	Opponent	Location	Outcome/Time
Wed	10/05/05	Intra Squad Meet	Berkeley, Calif.	1:30 PM
Sat	10/22/05	Florida & Texas	Austin, Texas	W, 247-123, 208-162
Fri/Sat	10/28-29	Pacific Tiger Invitational	Stockton, Calif.	1st, 364.5 points
Wed	11/09/05	Stanford Triple Distance	Stanford, Calif.	2:00 PM
Fri	11/11/05	Pacific	Berkeley, Calif.	1:00 PM
Fri	11/18/05	Alumni Meet	Berkeley, Calif.	3:00 PM
Thu-Sat	12/03/05	Texas Invitational	Austin, Texas	All Day
Thu	01/05/06	The Snowball Invitational	Colorado Springs, Colo.	7:00 PM
Sat-Mon	01/14/06	Cal Invitational	Berkeley, Calif.	All Day
Sun	01/15/06	Cal Invitational	Berkeley, Calif.	All Day
Mon	01/16/06	Cal Invitational	Berkeley, Calif.	All Day
Fri	01/20/06	Arizona State	Berkeley, Calif.	1:00 PM
Sat	01/21/06	Arizona	Berkeley, Calif.	12:00 PM
Thu	02/02/06	Cal State Bakersfield	Bakersfield, Calif.	2:00 PM
Fri	02/03/06	USC	Los Angeles, Calif.	1:00 PM
Sat	02/04/06	UC Santa Barbara	Santa Barbara, Calif.	10:00 AM
Sat	02/18/06	Stanford	Stanford, Calif.	1:00 PM
Wed-Sat	03/01-04/06	Pac-10 Championships	Federal Way, Wash.	All Day
Thu-Sun	03/09-12/06	NCAA Zone Diving	TBA	TBA
Thu-Sat	03/23-25/06	NCAA Championships	Atlanta, Ga.	All Day

## The 2004-2005 Season in Review

The Golden Bears are coming off of an outstanding '04-05 season in which they dominated in dual meet action, swimming to a perfect 9-0 record (4-0 in Pac-10 action.) The Bears, led by Duje Draganja, finished fourth at the 2005 NCAA Championships. Draganja captured the 100 freestyle and 100 butterfly titles as well as led Cal to victory in the 200 free relay, 400 free relay and 200 medley relay. Below is a recap of the squads top times from the season.

### CAL MEN'S SWIMMING 2004-2005 FINAL TOP SIX LIST

#### FREESTYLE

##### 50 YARDS

- 1) Draganja 19.01
- 2) Gimbutis 19.31
- 3) Cavic 19.41
- 4) Tilly 19.55
- 5) Lane 19.96
- 6) Lyon 20.00

##### 100 YARDS

- 1) Draganja 41.49
- 2) Gimbutis 42.49
- 3) Tilly 43.23
- 4) Cavic 43.78
- 5) Lane 43.88
- 6) Wagner 44.42

##### 200 YARDS

- 1) Meichtry 1:34.69
- 2) Gimbutis 1:35.91
- 3) Foster 1:36.75
- 4) Wagner 1:36.88
- 5) Molina 1:37.91
- 5) Holdridge 1:37.91

##### 500 YARDS

- 1) Foster 4:19.77
- 2) Meichtry 4:21.98
- 3) Lysaught 4:22.7
- 4) Vayo 4:23.71
- 5) Jafari 4:27.07
- 6) Dorr 4:31.38

##### 1000 YARDS

- 1) Jafari 9:09.92
- 2) Lysaught 9:11.91
- 3) Lean 9:13.06
- 4) Meichtry 9:13.30
- 5) Foster 9:17.56
- 6) Eckert 9:30.32

##### 1650 YARDS

- 1) Meichtry 15:14.11
- 2) Lysaught 15:17.68
- 3) Foster 15:27.76
- 4) Lean 15:36.37
- 5) Jafari 15:39.71
- 6) Dorr 16:15.81

#### BUTTERFLY

##### 100 YARDS

- 1) Draganja 45.39
- 2) Cavic 46.56
- 3) Godec 46.94
- 4) O'Neil 47.59
- 5) Tilly 47.73
- 6) Cathey 49.09

##### 200 YARD

- 1) O'Neil 1:44.00
- 2) Cavic 1:46.33
- 3) Dorr 1:46.47
- 4) Molina 1:49.93
- 5) Pollard 1:50.12
- 6) Cathey 1:50.48

#### BACKSTROKE

##### 100 YARDS

- 1) Cavic 46.50
- 2) Godec 48.19
- 3) Gibson 48.90
- 4) Eckert 49.21
- 5) O'Neil 49.61
- 6) Rothberg 50.40

##### 200 YARDS

- 1) Eckert 1:44.00
- 2) Vayo 1:45.20
- 3) Godec 1:45.53
- 4) Gibson 1:45.85
- 5) Dorr 1:50.65
- 6) Rothberg 1:56.68

#### BREASTSTROKE

##### 100 YARDS

- 1) Rowe 53.31
- 2) Barbosa 53.45
- 3) Lentz 55.31
- 4) Molina 56.10
- 5) Hunter 57.97
- 6) Cathey 59.59

##### 200 YARDS

- 1) Rowe 1:55.78
- 2) Barbosa 1:56.34
- 3) Molina 1:57.97
- 4) Lentz 2:00.54
- 5) Dorr 2:06.78
- 6) Hunter 2:08.03

#### INDIVIDUAL MEDLEY

##### 200 YARDS

- 1) Dorr 1:45.32
- 2) Molina 1:45.61
- 3) Rowe 1:47.61
- 4) Eckert 1:48.20
- 5) Monsees 1:49.53
- 6) Barbosa 1:50.33

##### 400 YARDS

- 1) Vayo 3:48.54
- 2) Dorr 3:49.40
- 3) Molina 3:49.99
- 4) Foster 4:01.70
- 5) Eckert 4:02.08
- 6) Monsees 4:07.36

#### MEDLEY RELAYS

##### 200 YARDS

- 1:25.30
- Cavic 21.72
- Barbosa 24.55
- Draganja 20.35
- Gimbutis 18.68

##### 400 YARDS

- 3:08.11
- Cavic 46.84
- Rowe 52.84
- Draganja 46.01
- Tilly 42.42

#### FREESTYLE RELAYS

##### 200 YARDS

- 1:15.78
- Draganja 19.24
- Gimbutis 18.86
- Tilly 19.04
- Cavic 18.64

##### 400 YARDS

- 2:47.70
- Draganja 41.71
- Cavic 41.87
- Tilly 42.32
- Gimbutis 41.80

##### 800 YARDS

- 6:24.40
- Gimbutis 1:36.42
- Dorr 1:36.62
- Meichtry 1:35.02
- Molina 1:36.34

Let's make The Bear Claw a fun and relevant newsletter. The Alumni Updates are everyone's favorite so please email me an update for the next issue. Fill us in on what has been going on in your life since your days at Cal. Please include your full name and your graduation year. If you want people to be able to get in touch with you, please supply your phone number, email address and/or mailing address. Also, please feel free to include a photo with your email update.

Send updates and info to:  
Jeff Prior  
[thebearclaw@cox.net](mailto:thebearclaw@cox.net)

Also, we want as many alums and friends of Cal Swimming to receive The Bear Claw as possible, so please forward The Bear Claw on to anyone who you feel may enjoy it. Also, if you send me their email addresses I will be sure to get them on our list. Thanks in advance for your support.